



# Problem Gambling

## Predictors of treatment completion

Dr Amanda Roberts

*School of Psychology*

*University of Lincoln, UK*

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# Treatment seeking in numbers



Calls 03/04 – 21,778

Calls 14/15 – 77,900



Website visits 08/09 – 191,042

Website visits 14/15 – 1,219,931

# The Gordon Moody Association



- Only residential treatment programme for pathological gamblers
- 12 week programme:
  - CBT
  - Health, legal, career, accommodation and debt advice
  - Group living and group therapy.



# Current evaluation

- 15 years data (2000-2015)
- Outcomes from residential treatment packages
- PHQ-9, GAD-7, SOGS, PGSI
- Christo Inventory
- Qualitative behavioural picture
- 778 residents (n=658).

This information will only be used to provide anonymous statistics or provide a better service to you.

Who suggested you applied to come to Gordon House? (Please tick)

Yourselves or a family member	Probation, Prison officer, Social, Health or Mental Health worker	Gam Care or G A helpline	Hostel or other care worker	Gordon House Web site	Other, state who			
You	Family	State which	Gam Care	G A	Hostel	Other		

What was your age when you started gambling?

Under 8	8-12	13-15	16-18	Over 18

What are your main types of Gambling: (Put a number '1' against the one you do most, '2' against the next and so on). You do not need to enter a number for those that do not apply

Horse Races:		Dog Races:		Other (events or sp		
On course	Telephone	On Course	Telephone	Bookmakers		
In bookmakers	Television/interactive	In bookmakers	Television/interac	Online/internet		
Online/internet		Online/Internet		Television/interactive		
Spread betting:			Gaming Machines (Slot or Fruit Machine)			
Financial	Sports	General	In betting Shop	In a Pub	In Service statio	
Online	Online	Online	In Bingo Hall	Private members club	Adult Gaming C	
Telephone	Telephone	Telephone	Family entertainment centre		other	
Bingo:		Casino table Games (cards)			Casino Machines (Route	
Hall, live draw	Hall, Terminal	Local casino	New casino	Online	local	new on
Online/internet	Telephone	Fixed Odds betting terminals			Lottery	
Television/Interactive		In casino	bookmakers	Service station	National	Other
Football pools	Private/Organised Card games	Machines, Mobiles and Private Betting			Other	
		Skill with prize machines	Private with friends			
		Mobile phone betting				

Main Occupation Status:

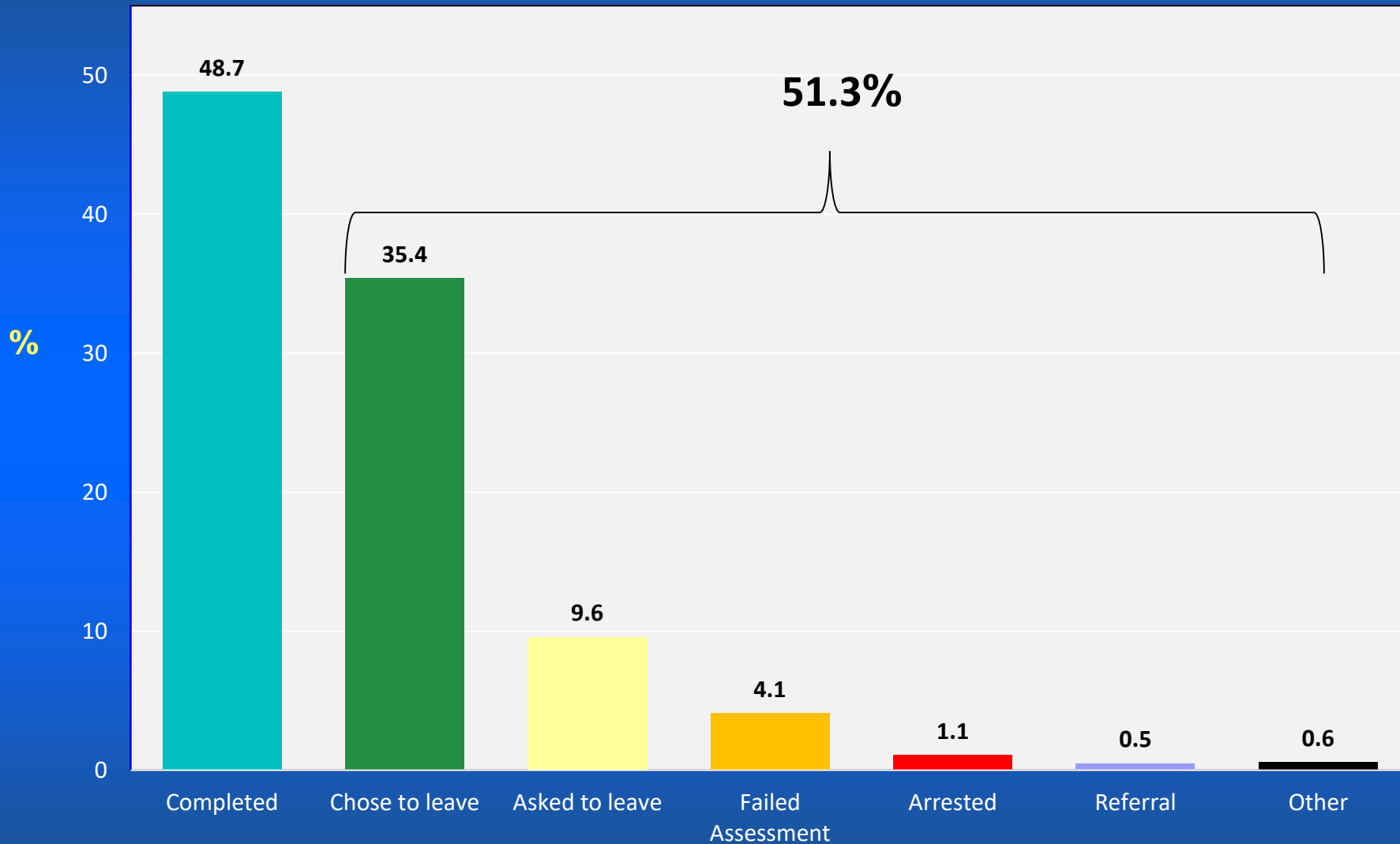
Employed F/T	Employed P/T	Self Employed	Unemployed	Student F/T	Student P/T	Main Family carer	Retired	Other

# Treatment completion

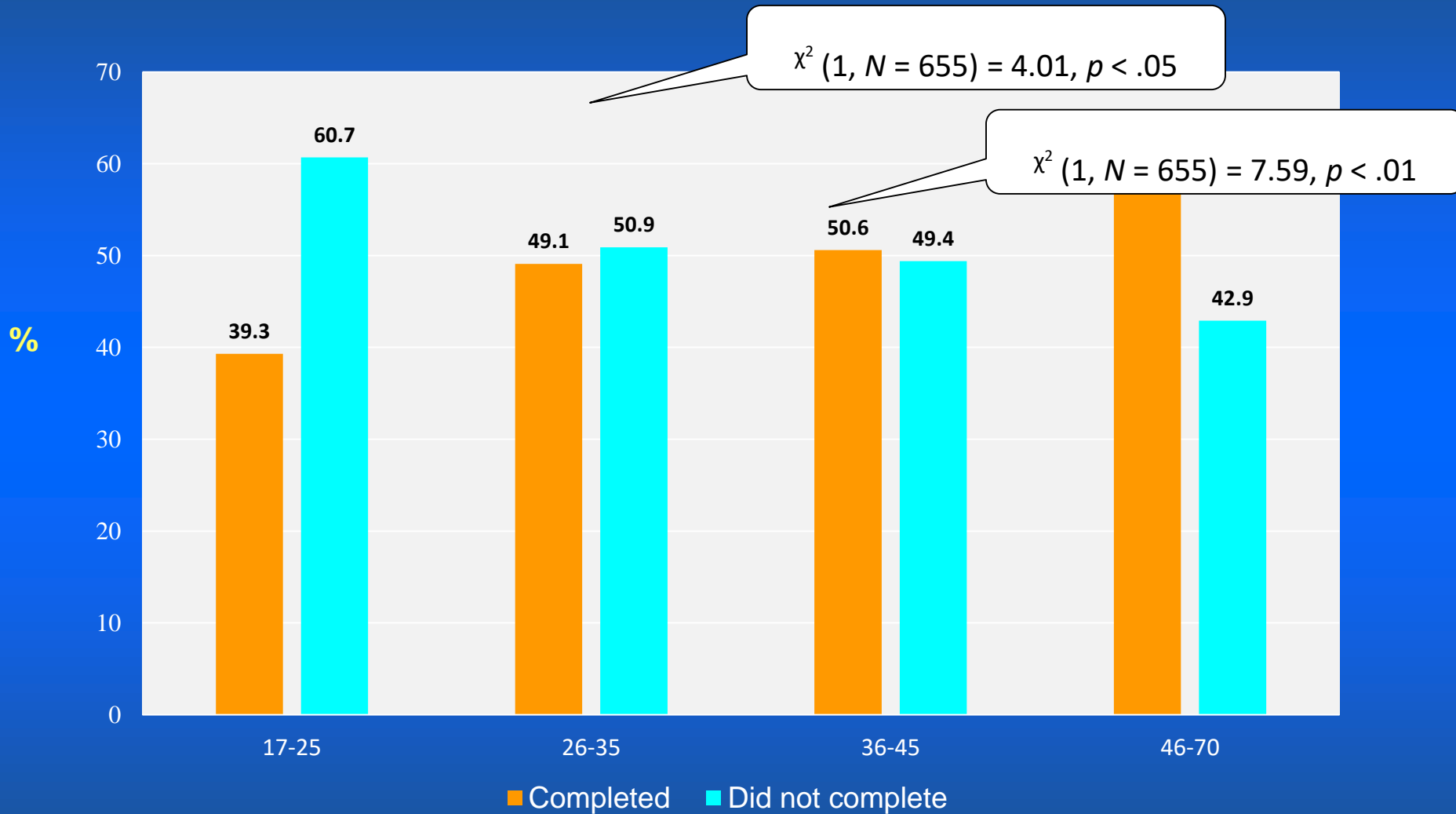
- Difficulty retaining problem gamblers in treatment (50% drop out)
- The longer a client remains in treatment better the chance of reductions in behaviour
- Limited research in UK
  - Aim: To examine the differences in sociodemographic and clinical characteristics according to treatment completion.



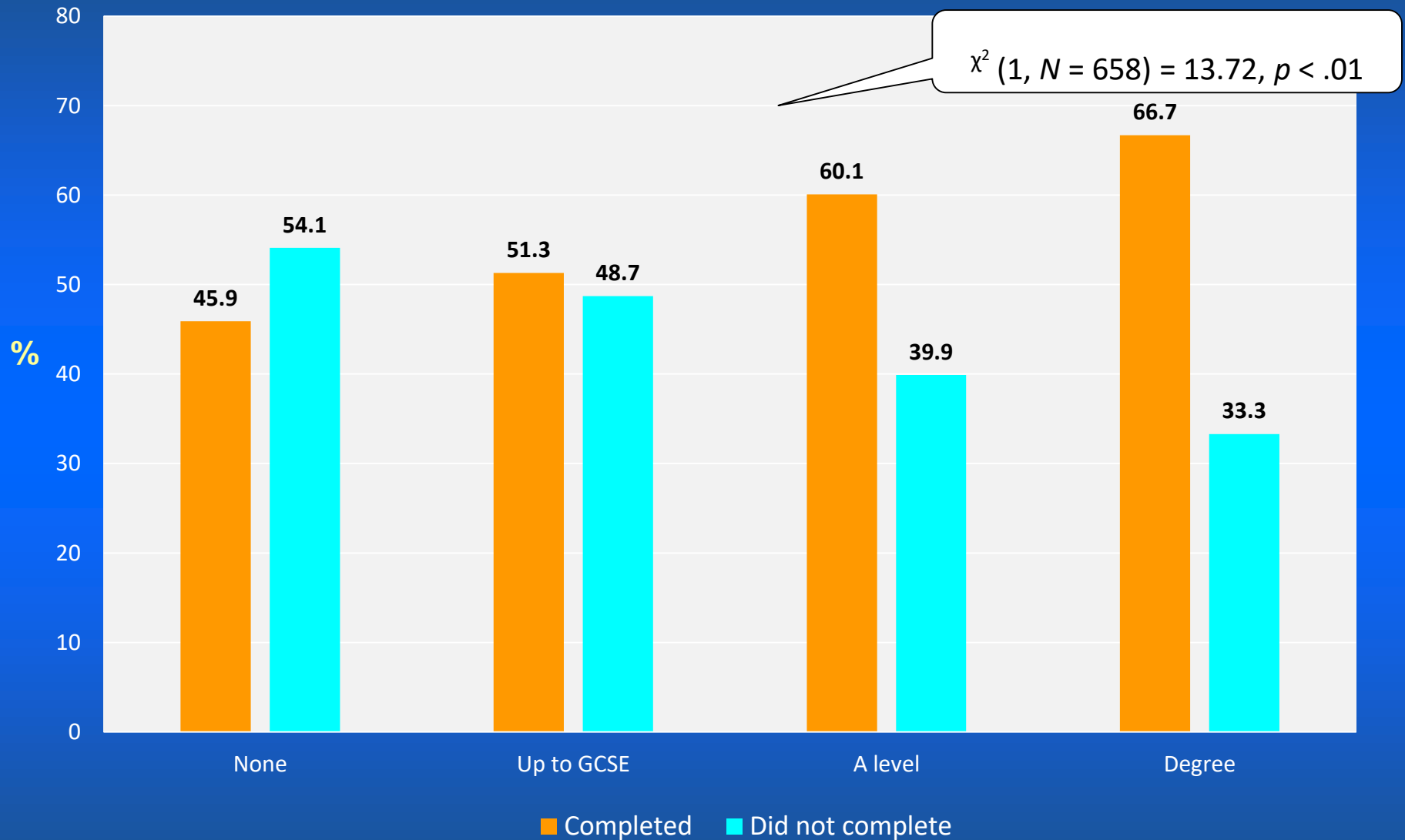
# Treatment completion



# Age at commencement



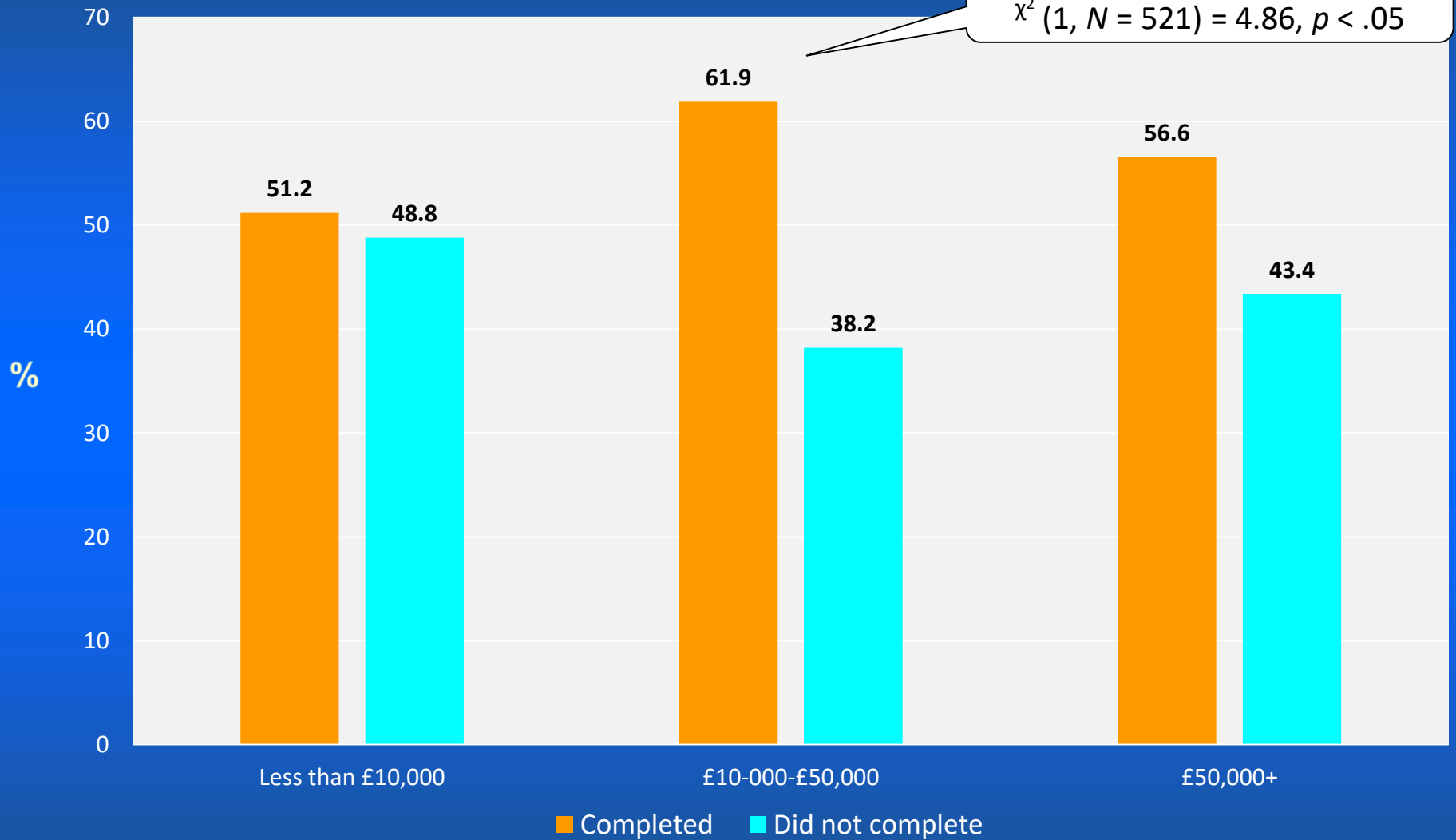
# Education



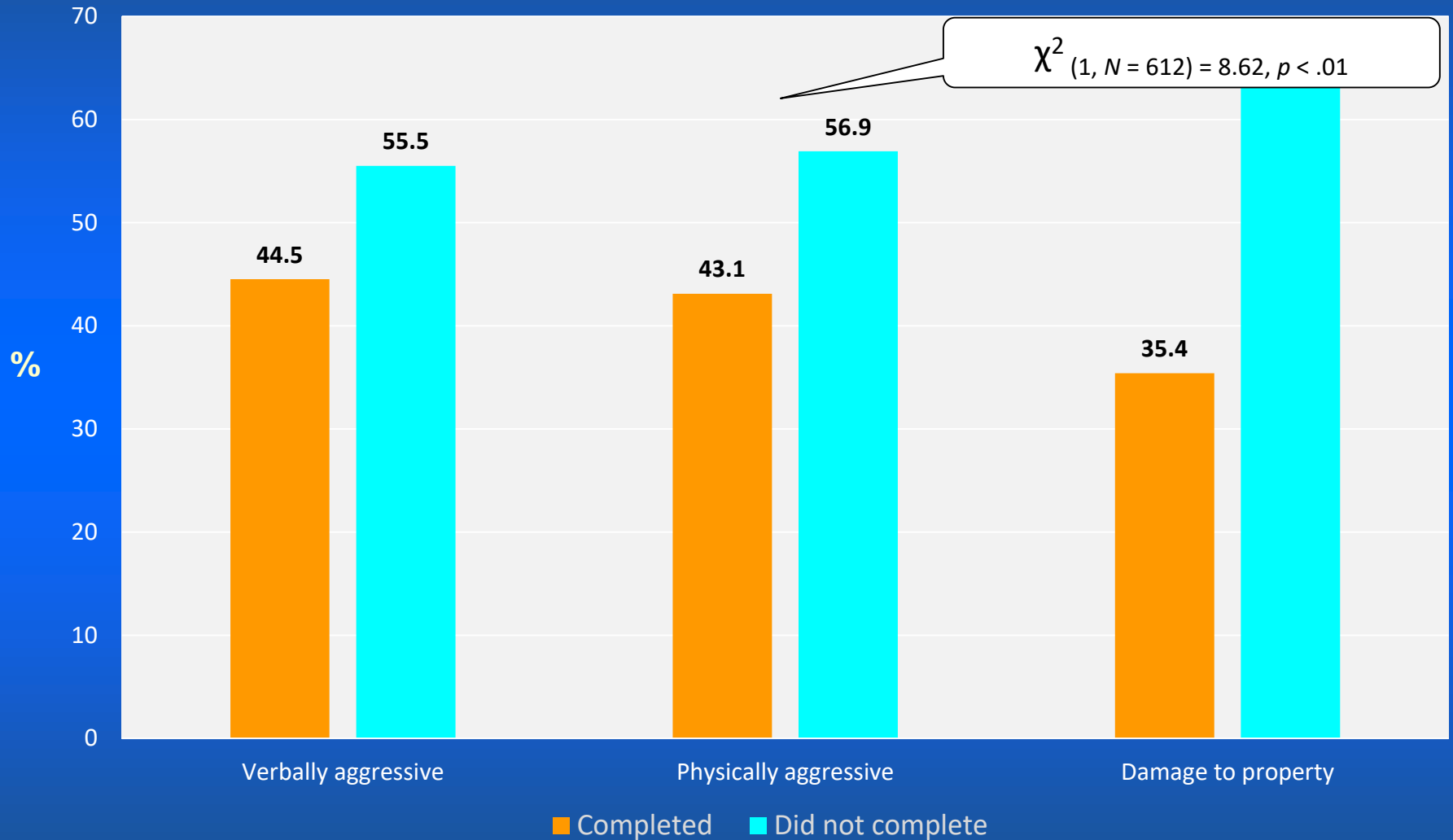


# Debts

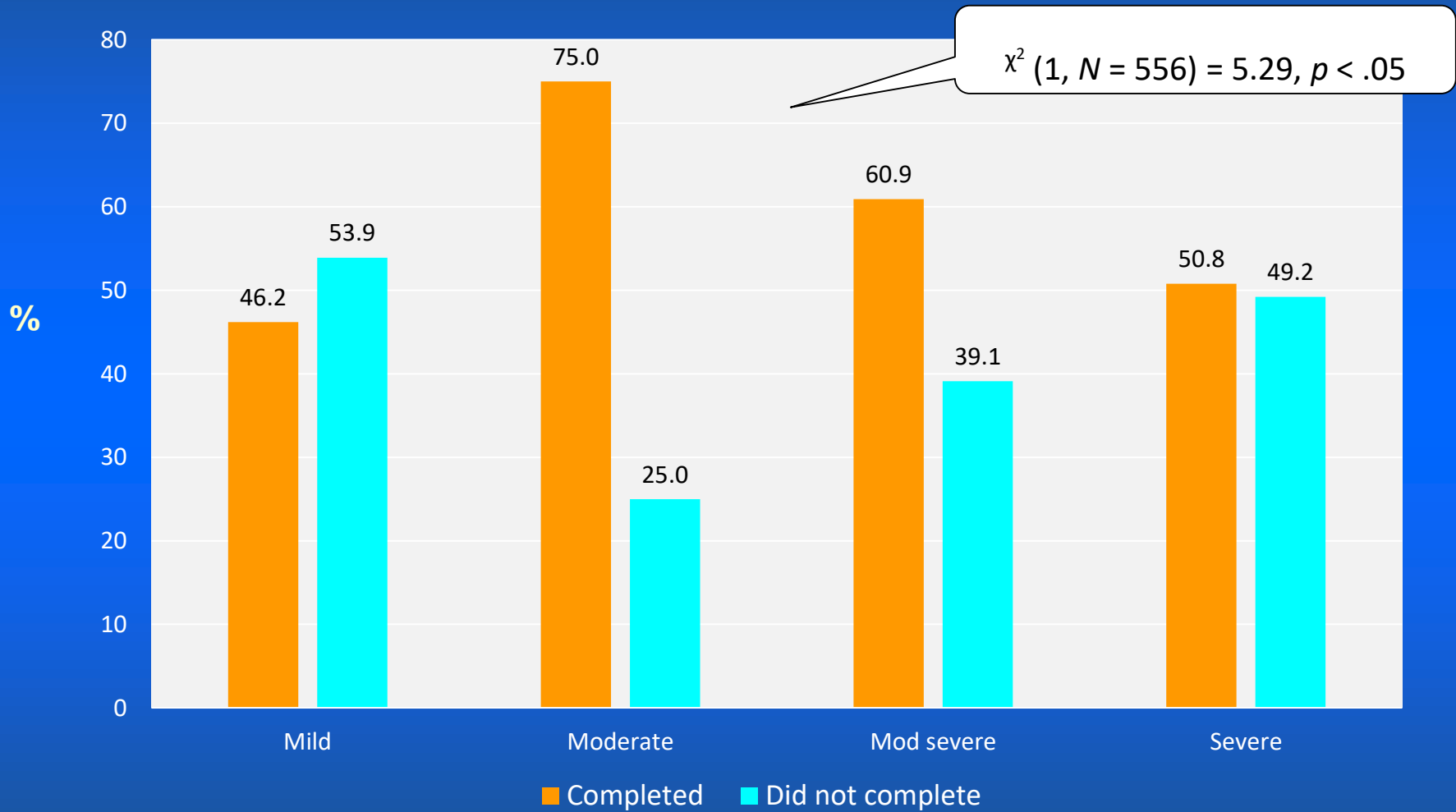
$\chi^2 (1, N = 521) = 4.86, p < .05$



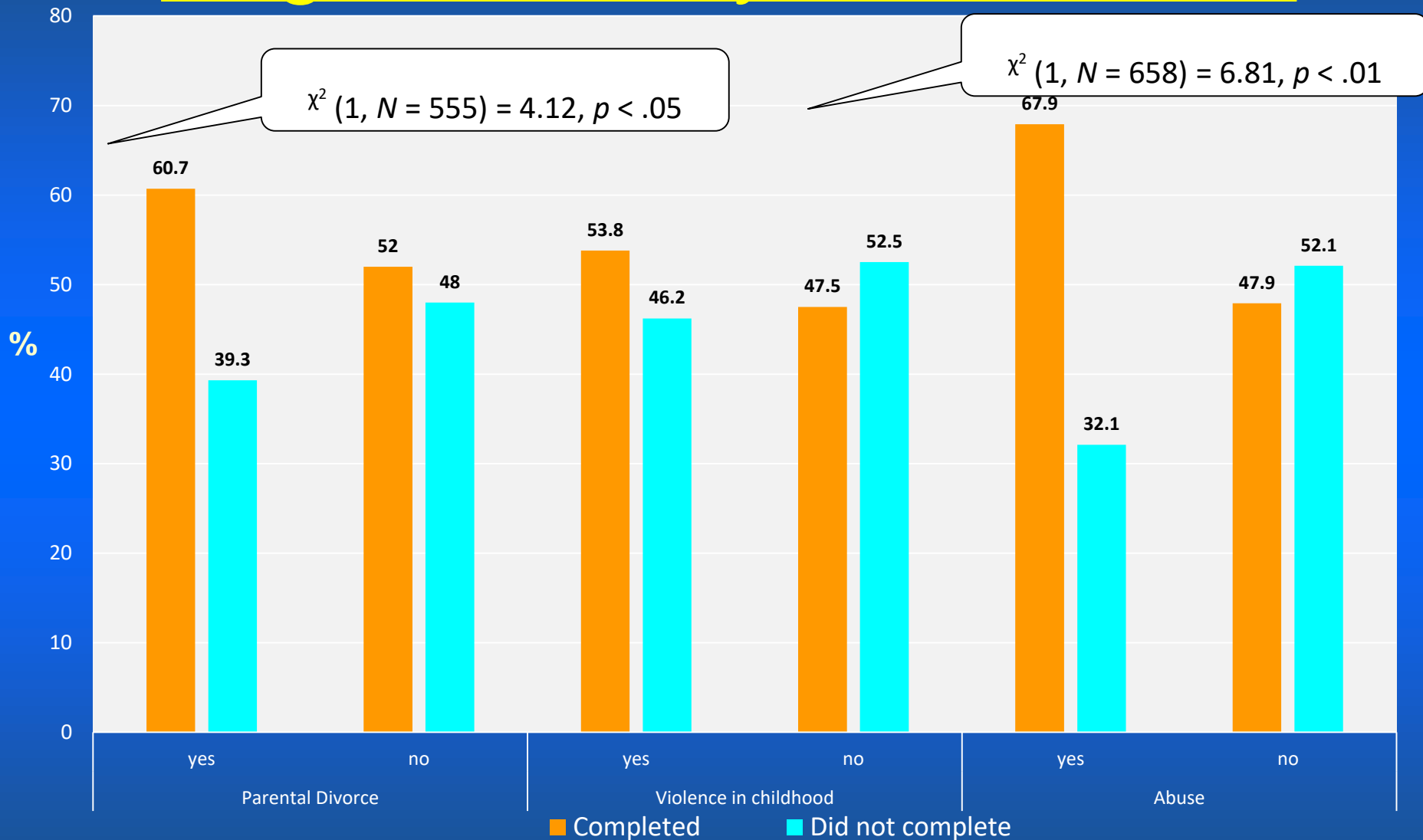
# Loss of control: Aggression



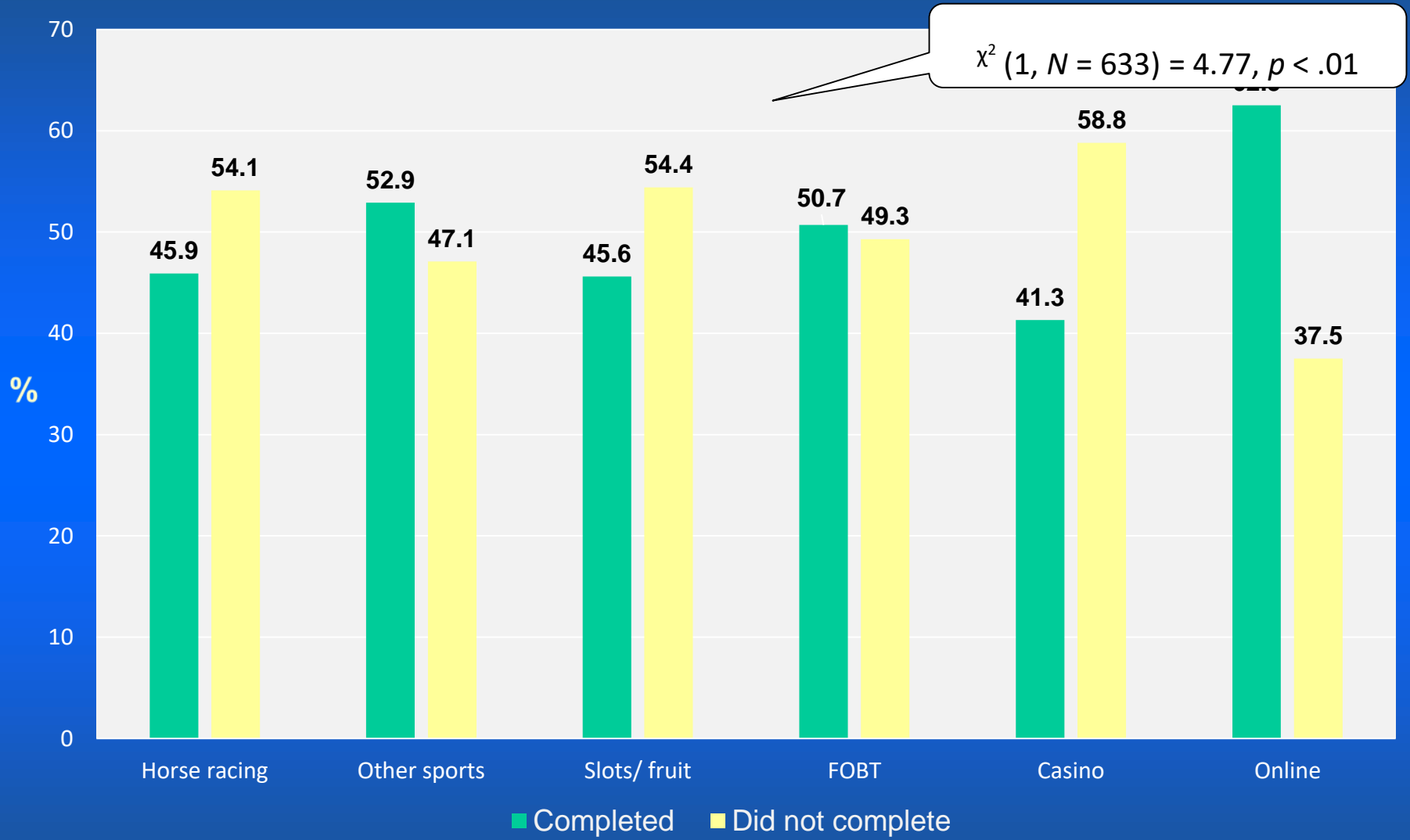
# Depression



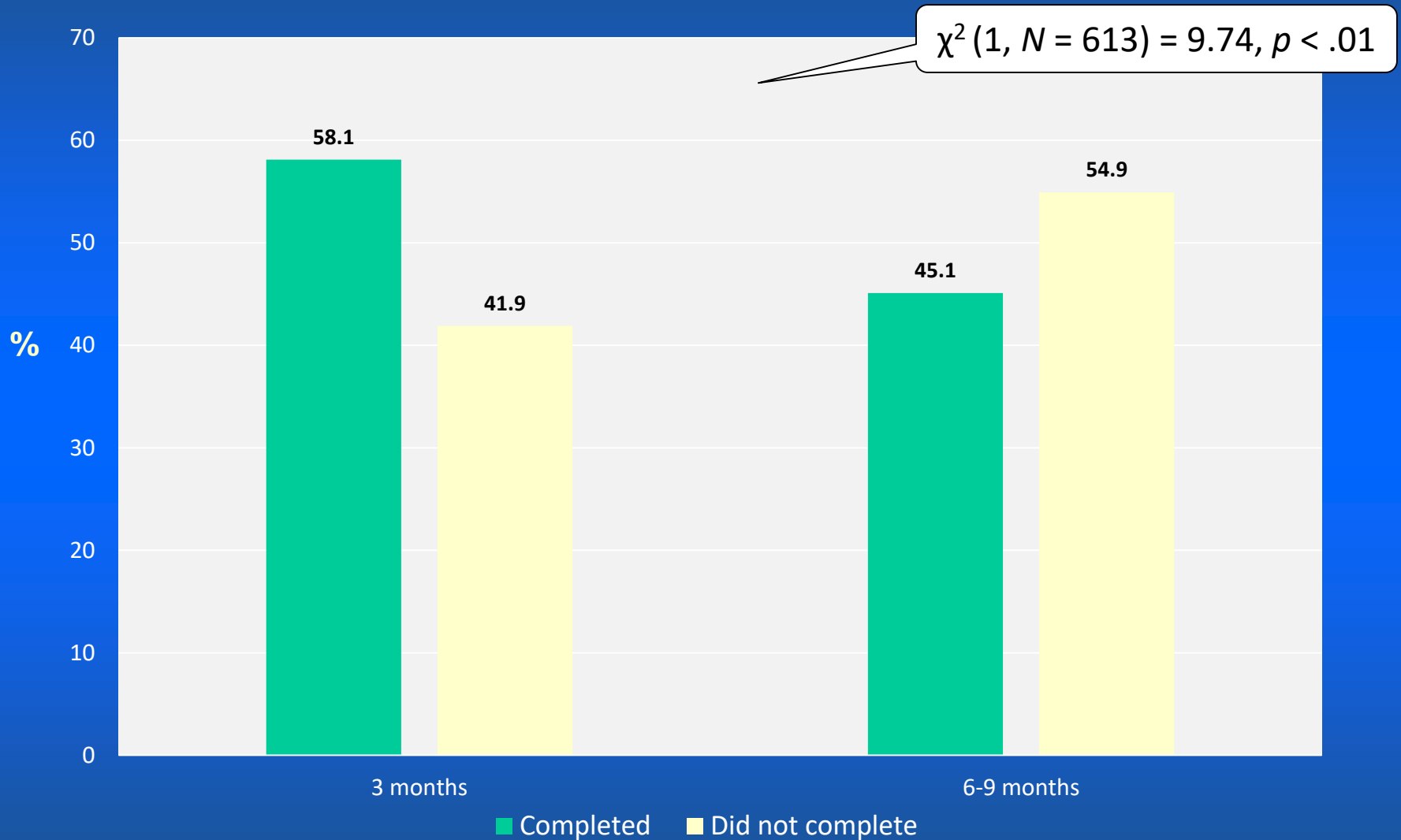
# Negative family environment



# Gambling forms



# Length of programme



# Summary

Online gambling

Older age at commencement

Higher education

Moderate depression

Higher debt

Shorter treatment programme

Less aggression

More negative childhood

# Conclusion and implications

- Confirms previously reported rates of treatment drop out
- Useful to identify those at risk of dropout and make attempts to retain them
- Some clients could benefit from a more intensive treatment option in addition to the standard CBT therapy at GMA and elsewhere?



# Acknowledgements



- **Ms Ruth Champion:** *Gordon Moody Association, Dudley, UK*
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Thank you!



UNIVERSITY OF  
LINCOLN

Dr Amanda Roberts: School of Psychology, University of Lincoln, Brayford Pool, Lincoln. UK

[aroberts@lincoln.ac.uk](mailto:aroberts@lincoln.ac.uk)